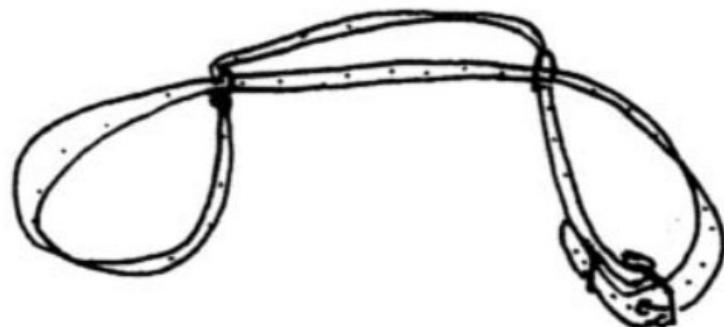


RESTRAIN



YOURSELF

(or someone else!)



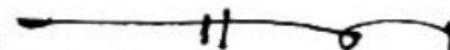
DIY CUFFBELT

i first encountered this super-hot accessory on a friend in NOLA. After lustng for it for months, i found out it was SUPER EASY to make!

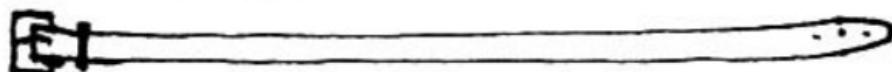
i got my supplies @ a used clothing shop for about \$1! Be creative and keep yr eyes open for everyday shit to be to be tied! xxxxo

What i used:

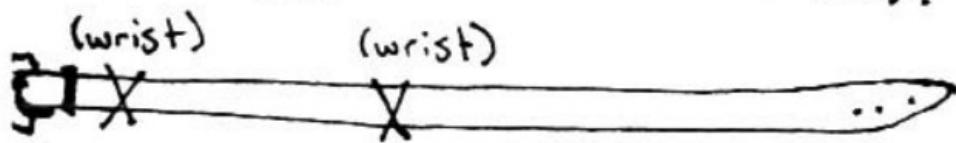
- 2 "d" rings D
(make sure the belt fits through them
so that they fit through yr pants loops)
- 1 belt
- needle
- thread (embroidery)
- Something to make holes (i used a tiny screwdriver)
- scissors

Step 1 - 
cuttin' shit up.

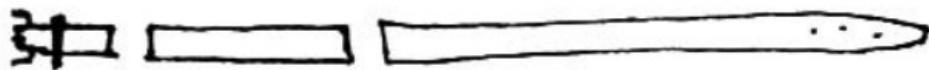
Lay the belt on a flat surface.



'Lace your wrists the distance you want them to be (do this closest to the buckle).

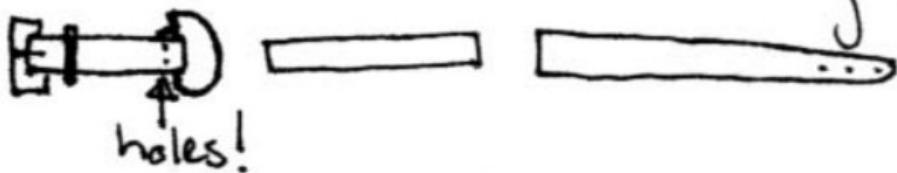


Cut those spots.



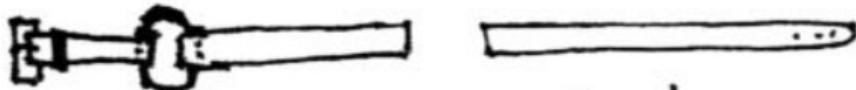
Step 2 — assembly.

wrap a cut end of the belt
around one side of the Dring.
Make holes to sew through.



Sew it so the Dring is secure.
(the belt)

Then do it again on the other
side.

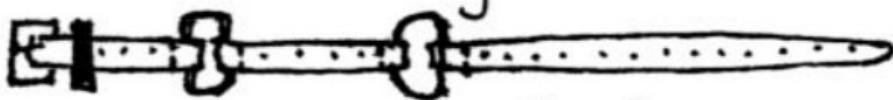


and... again!



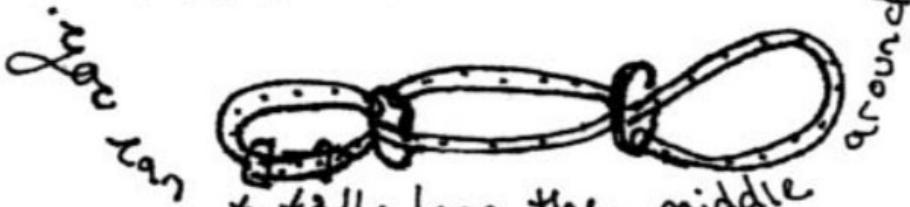
Step 3 ~~+~~ makin' holes.

Make holes down the length of the belt for fun play, resizing, etc.



wear it!

Slip the end of the belt through the Drings & latch!



ta-ta-flu loop the middle

Tips and Tricks

- Make sure the belt fits through the D rings and the Drings fit through yr pants.
- put the Drings closer to the belt buckle
loop the end of the belt through.
- leave lots of extra belt for using on thighs ankles, love.

• fuck
hard.

